

STUDENT FEEDBACK SURVEY DURING COVID 2020-2021

**Department of Psychology,
Gargi College,
University of Delhi**

1.How did the Department facilitate your Admission process during the COVID year?

It was quite a smooth process

Phone calls were answered and the process was facilitated well

A completely online process

The admission process took place by online methods completely.

Document verification was made easier in the sense that it wasn't given the immediate compulsion that would be there pre-COVID. We were instead allowed to get it done once we came to college for physical classes.

It was a relatively easy process. As an ECA student, the teachers in charge of the admission process, made the whole process quite smooth

The entire process was extremely simple and everything was contactless and hassle free in the online mode.

The admissions were carried out virtually

The admission was done smoothly via online mode. The payment transaction was easy to do.

The process was very smooth. I was apprehensive about something so i looked up for our faculty on the website. I randomly called one of our teachers and she was very sweet and took quite some time to guide me through.

The faculty as well as the admission in-charge was very cooperative and available over whatsapp and calls from the day the first cut-off list was submitted.

The department facilitated by taking our orientation efficiently. The senior teachers welcomed us with open hands and the seniors were also kind towards us. They did gave us their numbers and were always available in order to reduce our ambiguity.

The entire procedure was online, and very easy to understand. All the instructions were clarified on the portal.

Everything went smoothly, in my case atleast, I didn't need to submit any additional documents or make respected visits. Everything was limited to the online sphere.

The FSR office was always replying to my enquiries and doubts, and encouraged me at all times.

The admission process was very smooth. Faculty members from the department were available during the admission process to answer any queries of the applicants as well. Considering that it was the first year of entirely online admission, the department made sure to assist students post admission as well.

The admission process was completely online which helped us to take admission without having to physically come to the college. The admission form submitted by students to the university was cross-verified by the department.

It was a very smooth process. All the queries were readily attended to and doubts were resolved. Teachers were just a mail away. Thus, everything was followed as per the protocols.

The admission process was smoothly done during COVID year.

The whole process was completed in a very convenient way during the COVID year in the online mode. All the instructions were clear and concise on the admission portal. We were also given updates via mail.

The department was instrumental in facilitating my admission process. I recieved instantaneous replies on the queries that I had via Email. This helps ease the tension of myself and my family.

During my admission I faced difficulty as only my digital marksheet was available. The Department was easily reachable and very helpful during the process.

Taking admission during the COVID times was a challenge and often gave the feeling of hopelessness and helplessness. However, the department teachers were always available for any queries and understood our challenges as upcoming students.

It was a very smooth process and it was done without any problems.

The department took a lot of steps that made the admission process smooth. Responsibilities were delegated and queries were resolved quickly. Furthermore, the orientation helped us gain familiarity with both the course and the administrative procedures involved in college.

The department helped in the smooth sailing by timely sending the data through to us and proceeding with our acknowledgement. The professors were also quite cooperative with the students since we were not only shifting from offline to Online but also from school to college.

Everything was executed in an online mode and the process was very structured.

Everything regarding the admission procedure was carried out with ease and I didn't feel the need to contact to anyone for help as Everything was sorted out easily online.

With orientations

The admission process was hassle free and assistance was provided where ever needed

This is one of the dimensions wherein I felt that the department wasn't that much of a help. We had to figure out everything by ourselves, in the end. The CR helped but due to the online constrains, I personally couldn't made that much of a connect with them.

It was all online and we were able to complete the process from our homes only.

It was all online but I could easily communicate and reach out to the people in charge regarding this.

2.How successfully did the Department facilitate the teaching-learning process despite COVID constraints?

It was quite as ease initially but then mental health issues were overlooked

Great

Successfully, with regular online classes and a holistic learning experience.

The online classes were a little hectic.

The teachers were very helpful in guiding us through the extensive material available. Navigation and keeping track of work and material was made easier by the use of Google classrooms.

It was good but certain things could have been better such as more flexible deadlines

Our professors have always traveled an extra mile for us since the very first day of college. They not only helped us academically but were extremely mindful about our mental health as well.

The classes were held regularly and virtually. Even the practicals were conducted virtual.

The teachers were very punctual and goal oriented towards their classes. Ppts , pdfs and study material was easily available to all of us.

Things couldn't have been better because our department has been the most supportive bunch of people. Everybody was accepting, adjusting, understanding and extremely helpful. Especially their support during the waves was much required and everyone delivered beyond any of our expectations.

The online classes were held regularly. The teachers were very accomodative of the various needs of the atudents. Communication via whatsapp as well as the Google Class Room was up-to-date.

The teachers provided us with efficient materials. They extended our deadlines when we all were occupied with heath issues. They understood our experiences and did their best to make the class interactive even in the online mode.

Online mode was very challenging as a psychology student, because we look for practical experience that we thought we will not get in offline. However, our teachers did everything in their power to make the course more productive and fruitful for us.

Online material, resources.
Doubt sessions, extensions etc.

Pretty much successful since they were aware of my personal situation in being on the other side of the world with an overnight schedule due to the time zone difference.

The process of learning was not hampered at all despite the year being online. Each class was held on time and according to the time tables. The professors provided study material and research articles digitally through the GCR platform and gave us ample resources to study outside the curriculum as well. They also made it a point to form a warm rapport with the students to overcome the barrier of not being present physically in classrooms.

The online classes used to take place wherein there was active participation from both the teachers and students.

It was a very great job. Transiting to online mode after covid seemed quite hectic at the beginning but eventually the department smoothened out everything and made it a cake walk. All material was readily available and we were made to be at ease. It provided us with a very valuable exposure.

Despite COVID, the teaching-learning process was successfully done. The teachers were warming, punctual, empathetic, used various methods for teaching.

The Department was able to make me feel at ease and the teachers guided me without any judgments throughout the semesters. They provided all the readings, presentations and also delivered proper instructions for the practicals to be done. Moreover, they made the online classes fun, interactive and fruitful.

Teaching-learning process was extremely efficient and methodological. The online classes were beneficial for absorbing knowledge both practically and theoretically. All the offline practicals were adapted to suit the conditions of the online mode. Theory lectures were supported with presentations and Audio-visual learning.

The Department ensured smooth functioning of classes online. In order to facilitate learning and make classes more engaging the use of ppts, pop quizzes, videos and so on was practiced. Despite covid constraints the faculty tried their best to teach each class with the same enthusiasm even when some of them were unwell. Further, understanding that several students were having a tough time keeping up with the classes with the pandemic, the department helped with learning resources to decrease pressure on students.

The department created a safe space for growth even during the difficult times of COVID. Online teaching and learning was not something I was too positive about, however, the department and the constant cooperation of teachers made the learning process quite exciting and something I looked up to every day.

The teachers provided us with all the resources and books required in pdf forms. There was ample resources for us to study.

The department was active on educational platforms and provided adequate learning material.

The teachers were very considerate as they understood the technical issues one might be facing, so they would repeat the part of their lecture whenever a student lost connection to the class. They also provided the students with all the materials and books since the students couldn't access them due to covid.

Despite the covid constraints, the teaching learning process was extremely fruitful. The departmental faculty was very cooperative and empathetic in the process. Learning was facilitated by showcasing appealing presentations along with different videos pertaining to content learning

During COVID, I was getting frustrated over how I was stuck at home and couldn't attend college in physical mode but my faculty did make me feel at ease, they provided everyone with study material, formats for practicals and made time table accordingly to avoid any misunderstanding. The teachers also encouraged everyone to turn on their camera and interact in the class which helped in me staying attentive. They also sometimes exceeded the time slot just to clear our doubts and provide research examples.

Very successfully

The department was very successful in facilitating the teaching-learning process even in the online mode. The classes felt welcoming and engaging without putting any additional pressure to the already difficult situation.

They were genuinely helpful. However, I felt that the connect between teachers and students was not established with that strong an effect. Part of this lied in the intensiveness of our course and the other in the external circumstances and the online mode of education. I won't, in any way, claim that it was the fault of our faculty but a flaw in the situation itself. In retrospect, I feel like we all handled everything well. Precisely, the teachers provided us with immense strength, courage, and hope to get through the distressing process. But it must be noted that it was beyond their abilities to reduce/cut down anything from what was been assigned to them in terms of academic content. Comprehensively, they did what was in the best of their capacities.

There used to be online classes including the tut classes for doubt clarification and we used to get material and upload assignments with the help of GCR.

Classes were held on a proper timetable and activities, practicals etc were modified to accommodate the new online mode.

3.How were your mental health needs taken care of by the faculty members ?

Not taken seriously, for the sake of saying it was important but cramped deadlines made things worse

Faculty have always been mindful of our needs.

They were taken care of adequately, the Department on a whole was very supportive during the pandemic.

There was a little concession in deadlines.

We were always given the liberty to pick out test dates and assignment deadlines. Teachers made sure that we weren't drowning in work right before exams.

Certain teachers definitely understood us and our needs. However, some teachers did not pay attention to our mental health needs during such a difficult time.

Every professor made an effort before and after every lecture to ask us about how we've been holding up so far. They'd also give us trigger warnings before discussing something that was academically important but at the same time could be triggering for anyone. They were always there to sit with us even after classes and have one on one conversation with them if need be.

Some of the professors always did a mood check before the start of the class and even told us tht we were not feeling mentally well it would be ok for us to take a break.

Teachers were very cooperative and empathetic towards everyone of us. We all were provided with a safe space to discuss any of our issues.

Our faculty members have been constantly understanding the need for a break, or anytime we needed to shift a class, or just couldn't perform due to the conditions at our home. Every teacher has had our backs.

The faculty was quick in responding and reaching out individually as well as collectively. The classroom environment online was also warm along with being conducive.

The teachers often listen to us if need be. They don't let the academic pressure become an added component of our stress. They're adjusting and cooperative as long as the issue of the student is practical enough.

It was made sure by the dept. of applied psychology, that we don't get overburdened, or the assignments don't become overbearing for us. They were very receptive and understanding throughout.

In the beginning of every class, teachers would take general updates from students related to the general happenings around them.

The most important for me was that they were / are empathetic and comprehensive, and always willing to listen and help.

The department has been pretty understanding of mental health needs. A lot of the professors made themselves approachable to talk about personal distress and experiences. Professors also helped students look for mental health professionals for their needs.

Our faculty members were always there for anyone of us who might be needing help. They have always been very open and welcoming to all the students.

We had Izhaar the mental health initiative of gargi college that regularly organised events to enhance our self awareness and teach us coping strategy. We often had departmental chai pe charcha sessions that made social interaction much fruitful. The first 15 minutes of every class were devoted to know about our whereabouts. They were very empathetic. We also had our teacher mentors.

The teachers were very empathetic and understanding towards all of us.

The faculty members provided a very safe space to me for expressing my thoughts, feelings and any other concerns.

My mental health needs were taken care of by ensuring a 10 minute gap between each class. This helped me in resting and recouping after each class and ensured that my health is being taken care of.

The pandemic was a difficult period for all of us. The faculty made sure to give us breaks during classes and checked in during classes to see if the students were doing okay. Further, the faculty readily offered support in terms of resources for us and our families when we needed and were happy to take time out to help students when they were in extreme distress. A stress management workshop was also organized to help students cope with the pandemic situation.

During the second wave, when the times were too tough, the department ensured that we get adequate breaks for our mental health and the teachers ensured that the material is provided to each one of us, especially those of us who could not attend the virtual classes.

There were times when I needed the support of teachers because of some mental health issues and they gave me unconditional support and time after the classes to sort the issues.

The faculty members checked in on the students at the beginning of every class. They also gave small breaks whenever requested by the students. Individual mental health needs were also met when students reached out for help.

The professors were very polite and also acknowledged the situation the students were in. They provided a safe space for us to open up about our mental issues and issues in general.

Mental health needs were very kindly addressed by the faculty members. They provided us with small breaks between every class which was eventually refreshing and offered essential interval from digital media.

I wasn't at the very good headspace due to what was going through during the pandemic. The faculty was very considering and provided me a safe environment to discuss what was I going through. I even talked to one of my teachers regarding what was going on at home. The faculty even extended deadlines for students if they thought it was too much on our plate.

By giving deadline extensions

The professors were very considerate and open to accommodate our feedbacks. Regular breaks were provided between classes to help reduce the screen time. Attending classes often took my mind off other stressful things that were happening.

As I mentioned, they were always emotionally there with us throughout.

They used to talk to us about things which matter to us and if somebody wants to talk to a teacher about anything personal, they were always ready to help.

We were given enough concessions like the attendance not being compulsory and other help from peers and teachers regarding material which allowed us to successfully deal with the pandemic.

4. What new skills have you learnt as a result of choosing the Applied Psychology Honours degree at Gargi?

Being more empathetic and sensitive about societal issues

Active listening, Academic writing, Empathetic and alot more.

Enhanced social skills, empathy, sensitivity, openness to experiences, and better self-awareness

Non judgemental attitude, empathy.

I've learnt various skills ranging from something as simple as empathy and communication skills, to things like the importance of psychology in various areas of life.

Being more open and accepting towards everyone and everything.

Empathy, respecting others boundaries and utmost gratitude for having the most basic facilities as well.

A very important skill that i learnt was to be no judgemental. As the people of our department have always provided us with a safe place where we could express ourselves freely. Empathy was also one of the major skills and choosing psychology also improved my listening skill.

Psychology department taught me so many things including empathy , kindness and it's played a very vital role in my psychology field.

I think i am a far matured person in terms of the way my views and opinions are forming. They're much more objective and i always form my opinions on the basis of concrete proof backed by some academic research or a credible source.

Moreover, i am unable to count the number of soft skills I've cultivated on two hands.

Empathy, effective communication, creating as well as maintaining safe space.

I have learnt practical aspects of a research, APA format. When I interact with someone from BA psychology course, I often feel that iâ€™m more knowledgeable and my course provides me with more in-depth knowledge. I learnt to be assertive, my communication skills improved being an introvert. I become more compassionate and non judgemental.

Empathy, professionalism, respect and academic writing :)

Much emphasis given to research methodology, as a result of which field work and practical knowledge has paramounted.

Self awareness, coping mechanisms, stress management were skill that I pretty much needed to make use of during this straining time.

Some skills I have managed to pick up are empathy, courage, and professionalism in delivering work.

I've become more empathetic, self-aware and an active listener.

I learnt skills of empathy, active listening, compassion, self confidence, pride, sensitization and many other. It transformed me into a better human.

Empathetic, kindness, active listening, communication.

I have learned to become a better mental health advocate who not only takes care of the needs of others but also of their own. In essence, I have learnt to take out time for myself as self-care is really important. Moreover, I have learnt the importance of ethics in one's life.

1. Empathy
2. Non-judgement
3. Universal acceptance
4. Active listening
5. Patience
6. Communication skills
7. Stress management skills
8. Suicide gatekeeping
9. Positive regard for people

As a result of this course I have learnt how to cope better (as part of the Stress Management practical), effective research and academic writing. Beyond the curriculum I have also learnt effective boundary setting and developing a work life balance from faculty and peers.

Throughout these two years, the department has taught me the importance of academic writing, researching and most importantly empathy and kindness while being non-judgmental in my words and attitudes towards others.

This course has inhibited a curiosity in me to read research papers. And this is further helping me to gain more evidence based knowledge

I have learnt how to apply principles of psychology to real life and actively try to integrate the skills and knowledge we are imparted into my worldview.

I have learned to write an academic paper, to built rapport with strangers who would be participants for our practicals. I have also learned soft skills such as active listening, empathy, better communication and presentation skills.

Among a lot of novel ideas, Practical and applied skills were majorly a merit for choosing applied psychology honours at Gargi

Being virtue of being a student of applied psychology hons. At Gargi College i learnt to be more compassionate and empathetic taking after my teachers who continue to inspire me.

Empathy and compassion

I have learnt and I am still learning skills like better communication and having a positive outlook on things.

I've started introspecting myself, retrospecting my immediate experiences, and have reflected upon them that has, in part, helped me in immense ways. My agression has reduced, I've started realising my mistakes, and have begun looking from within. Of course, i've not overcome my bursts of aggression in absolute senses but have been trying to do so with increased empathy and compassion towards myself and others.

Additionally, I've begun observing people more. In other words, I've been realising that not everything is not what it seems it is. Things aren't surface, rather a deep ocean of linked experiences. Such realisations have not only made me a critical thinker but also a better person.

I have learnt a lot of things which I might not otherwise including life skills such as stress management.

Empathy and sensitivity towards other people feelings and situations.

5. Kindly give an overall rating of the Department based on the following parameters:

A. Faculty expertise

B. Curriculum delivery

C. Overall teaching-Learning experience

D. Inclusive and compassionate environment

Scale- Very Poor 0-1-2-3-4-5-6-7-8-9-10 Outstanding

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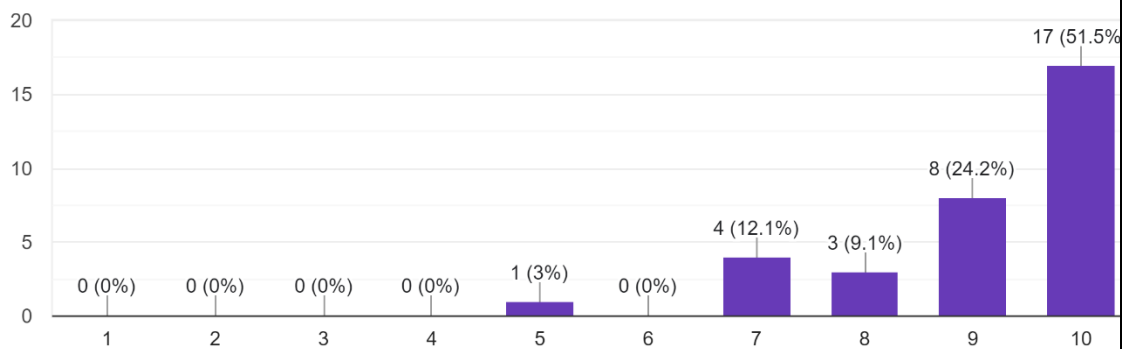
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5. Kindly give an overall rating of the Department based on the following parameters: A. Faculty expertise B. Curriculum delivery C. Overall teaching experience D. Inclusive and compassionate environment

33 responses



6. Please share any feedback you would like to give in order to help us improve your experience as a student of Applied Psychology.

Kindly reduce the number of classes each day, it's exhausting to be in college from 8:40-5pm

It would be beneficial if the department organises some field visits. Other than that my experience here have been great.

More access to outside the classroom learning experiences, such as class field visits.

Most of the time goes in reports and assignments, hence no time left for productive learning.

More field trips to get hands on experience would be appreciated by me :)

The schedule is extremely hectic and intensive. It is very exhaustive and leaves us with no time for anything else. There should be fewer classes in a day.

The lectures often become really lengthy and the time table is also exhausting.

The class time should be reduced as having classes from 8:40am to 5pm everyday is very hectic, exhausting and we even lose the capacity to comprehend everything that took place in the class.

I think infrastructure is a bit underdeveloped.

Couldn't wish for anything more

The faculty can try to establish usage of gender inclusive terms making space for neurodivergent identities, understanding the gender binary and non-binary with awareness of difference between basic terms such as gender and sex.

Having more field visits will help us in enhancing our knowledge.

Despite all the wonderful things already offered, it would be great if we get to do some field visits or educational trips. Additionally, even though the experience is very inclusive, long college hours sometimes restrict us to do something out of college, which as 3rd year student might be important for some. Even though this can't be helped, however it's a concern I sometimes face.

Hospital visits, more field work, researches.

The simultaneous units teaching is making it harder for me to keep me on track.

The duration of the regular day should be a little shorter instead of 8:40 to 5pm, in my opinion.

1) Reducing the number of total assignments and practicals to help students have more time to engage in recreational activities.

2) Having field visits for more practical exposure.

No, you are great! Thank you for everything

Need improvement in infrastructure.

I feel that the college hours become too long which makes our days hectic and shorter for us to do anything else other than college.

1. Reduced practical slots
2. Shorter time tables
3. Saturday off
4. Better washrooms
5. Sharing material like ppts and having a common textbook

If the time table allows, to have alternate Saturdays as offs.

The department is a warm field of dandelions and I hope it stays this way. The interactions between teachers and students should continue.

I feel the dept is already working in a very efficient manner but if we students get the weekend off that will increase our efficiency also reduction of a few practicals

Facilitation of learning through field trips. Breaks on Saturday for course work and rejuvenation.

I believe that the curriculum of the applied Psychology Course becomes a lot for the students to do in 3 years period. Even the number of classes in the 3rd year become very tiring to most of the students.

In order to improve student experience, I feel that classes can be less in number as it gets very exhaustive by the end of the day and impacts the amount of information retained. Also, there is a need to improve departmental washroom for students.

The infrastructure lacks with basic amenities. The washrooms of our department usually aren't clean and lacks water supply. Even the Sanitizer pads aren't usually available when needed. Regardless, I'm entirely satisfied with the course and the faculty.

Giving more research opportunities and also improve the infrastructure of the building

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I think the need of the time is to induce more practical/field experiences in the subject. Additionally, it's an humble request to provide the students with a fresher's party or an outstation trip for better peer-bonding and rejuvenation.

We can have Saturdays off.

A less hectic timetable would help lessen the burden. Saturdays should not be working.