

Dr. Sheela Kumari S. Associate Professor Dr. Rakesh Kumar Assistant Professor

SPIN'22 Annual Sports Day 2021-22

Department of Physical Education, Gargi College was established in the year 1967 and was renamed as the Department of Physical Education and Sports Sciences in the year 2006 by the university. The Annual Sports Meet was named SPIN in 2009 by the Student Sports Council 2009-10 along with a theme and logo which is changed every year. With a couple of exceptions, the annual sports meet has been organized every year with the following objectives:

- To motivate the sports persons by providing them with a platform for recognition by the college and felicitating them with cash prizes, awards and scholarships as per their annual sports performance in Inter College, State, National and International level Sports Competitions.
- To motivate the coaches to better their performance every year.
- As a mass participation activity for all stakeholders.
- Every year the Department produces National and International players from various sports disciplines.

With the return to some semblance of normalcy and the shift back to offline mode, the Student Sports Council conducted the Annual Sports Meet -Spin'22 with the theme 'Resurgence: It's Just the Beginning'. The theme refers to the path of recovery we all walked, and the new beginnings we faced then. The event was conducted in the college auditorium with renewed vigour, and the cheer and enthusiasm of the students was palpable throughout the meet. Ms. Tayleen Singh and Ms. Aarushi Gupta, the hosts for this event, warmly welcomed everyone and started the event off on a cheerful note. Following this, the guests for the day were provided a sapling as a symbol of welcome and gratitude. The Student Sports Council 2021-22 and Team SAARTHI were then introduced to them by Dr. Suchitra Bharti. To begin the occasion on a harmonious note, Samranjani, The Indian Music Society of the college gave a melodious performance. A video that perfectly reflected the situation and the unbeatable spirit of the sports community was presented, showing the way sportspersons. Professor Promila Kumar, Principal, Gargi College, gave an encouraging speech and extended a warm welcome to the Chief guest Ms. Anita Angon Chanu, Asian games Judoka and Arjuna awardee; the guest of honor Ms. Swati Sehgal, an alumna of Gargi College and the special guest Mr. Amitav Virmani, the chairperson of the college. The Chairperson gave a heartwarming speech that motivated and gave the students a sense of empowerment. Ms. Chanu inspired the students to be persistent no matter what. Ms. Swati Sehgal shared with us her beautiful college journey. The Ms. A. Malathi Award for 'Best Sportsperson of the Year' was awarded to Ms. Jyoti Tokas. The Dr. Shashi Tyagi Award for 'Best Sportsperson of all the Three Years' was awarded to Ms. Nisha Jakhmola. A total of 500 students attended the event.



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Figure 1 Annual Sports Day Spin-22

Dr. Sheela Kumari. S Teacher in Charge